# TABLEAU DES ALLERGÈNES

Mis à jour le : **avril 16**

| | GLUTEN | CRUSTACÉS | ŒUFS | POISSON | SÉSAME | ARACHIDE | SOJA | LACTOSE | FRUITS À COQUE | CÉLERI | MOUTARDE | SULFITES | LUPIN | MOLLUSQUES |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| **À PARTAGER** | | | | | | | | | | | | | | |
| PLANCHE DE FROMAGE | X | | | | | | | X | | | | X | | |
| PLANCHE DE CHARCUTERIE | X | | | | | | | X | | | | X | | |
| GAMBAS PANKO | X | X | X | | | | | X | | | | | | |
| MINI CROQUE | X | | X | | | | | X | | | | X | | |
| **ENTRÉES** | | | | | | | | | | | | | | |
| LA SALADE DE POIVRONS | | | | X | | | | X | X | | | | | |
| L'OEUF MAYO | X | | X | X | | | | X | | | X | | | |
| LA SALADE DE ROQUETTE | X | | | | | | | X | | | | X | | |
| LE CEVICHE DE DORADE | | | | X | | | | | | | X | X | | |
| **PLATS** | | | | | | | | | | | | | | |
| LE TARTARE DE BOEUF AU COUTEAU | | | | | | | | | | | X | X | | |
| LE BAR | | | | X | | | | X | | | | X | | |
| LA BAVETTE À L'ÉCHALOTE | X | | | | | | | X | | | | X | | |
| LE CROQUE-MONSIEUR GRATINÉ | X | | | | | | | X | | | X | X | | |
| LA VOLAILLE AUX CHAMPIGNONS ET VIN JAUNE | X | | | | | | | X | | | | X | | |
| TATAKI DE THON | | | | X | | | | | | | | X | | |
| LA CÔTE DE BOEUF | | | | | | | | X | | | | X | | |
| L'ÉPAULE D'AGNEAU | | | | | | | | X | | | | X | | |
| FILET DE BOEUF | X | | | | | | | X | | | | X | | |
| LES QUENELLES DE CABILLAUD ET DE LANGOUSTINES | | X | X | | | | | X | | | | X | | |
| **DESSERTS** | | | | | | | | | | | | | | |
| LA SOUPE DE FRUITS ROUGES | | | X | | | | | X | | | | | | |
| LA BRIOCHE PERDUE | X | | X | | | | | X | | | | | | |
| L'ILE FLOTANTE | | | X | | | | | X | | | | | | |
| LE RIZ AU LAIT | X | | X | | | | | X | | | | | | |
| **PAINS** | | | | | | | | | | | | | | |
| Pain des Bois | X | | | | | | | | | | | | | |
| Pain sans gluten | | | | | | | X | | | | | | | |
| **GARNITURES** | | | | | | | | | | | | | | |
| PURÉE POMME DE TERRE | | | | | | | | X | | | | | | |
| FRITE ALLUMETTES | X | | | | | | | X | | | | | | |
| POËLLÉE CHAMPIGNONS | | | | | | | | X | | | | | | |
| RIZ AU BEURRE | | | | | | | | X | | | | | | |
| MESCLUN | | | | | | | | | | | | X | | |
| TOMBÉE D'ÉPINARDS | | | | | | | | X | | | | | | |
| **ORIGINE DES VIANDES** | | | | | | | | | | | | | | |
| Agneau - Espagne | | | | | | | | | | | | | | |
| Bavette - Espagne | | | | | | | | | | | | | | |
| Bœuf - France | | | | | | | | | | | | | | |
| Volaille - France | | | | | | | | | | | | | | |
| Joue de boeuf - France | | | | | | | | | | | | | | |
| Foie gras - France | | | | | | | | | | | | | | |
| Dinde - France | | | | | | | | | | | | | | |
| Tartare de boeuf - France | | | | | | | | | | | | | | |